

10 Best Questions For Couples



What's your favorite memory from the last year?

How can I better support you during hard times?

If we could have the perfect day together, what would it look like?

What's one thing I did last week that made you feel loved and appreciated?

Can you share a time when you felt we successfully navigated a difficult situation as a team?

What is something you've always wanted to tell me but haven't found the right moment or words?

If you could achieve one thing in the next year that would make you feel incredibly proud, what would it be, and how can I support you in making that happen?

During times when you feel overwhelmed or stressed, how can I best support you in a way that truly helps?

Of all the moments we've shared, which one do you think has brought us the closest emotionally?

If we could design our ideal day together, with no limitations or obligations, what would it look like?

